



NIRAAMAYA
RETREATS

THE NIRAAMAYA EXPERIENCE



Dream & Discover

There is a pleasure in the pathless woods,
There is a rapture on the lonely shore,
There is society, where none intrudes,
By the deep sea, and music in its roar.

DINING BY DESIGN

A special al fresco dinner, set up with a Chef and Butler in attendance, at any of our special venues - the Yoga pavilion overlooking the sea, a candlelight dinner by the serene pool, at the romantic cliffside bale or under the night stars at our secluded beach. This activity requires pre-booking; slots are subject to availability and weather conditions.



TEA BY THE SEA

Niraamaya Surya Samudra is flanked by secluded beaches with rocky outcrops, making it romantically private. We can arrange your tea setup either at pre-dawn with the first rays of the sun, or for high tea in the evening, where you can watch the golden sun sink into the horizon. This activity requires pre-booking; slots are subject to availability and weather conditions.

COOKING CLASS WITH THE CHEF

Niraamaya Culinary School was set up with an aim of bringing together and preserving traditional regional recipes. These recipes are shared with Niraamaya guests who wish to seek a deeper cultural immersion, and would like to take back more than just photographs and great memories. Our Chefs can create bespoke classes to include any dish that has delighted you during your stay.

Niraamaya Culinary School menus need to be pre-booked at least 24 hrs in advance and slots are subject to availability.



BACKWATER CRUISE & BEACH PICNIC

A short 20 minute drive south of Niraamaya Retreats, Kovalam is the beautiful backwaters at Poovar estuary.

We transfer you to a motor boat, that cruises through unspoiled coconut groves on either side of the river, with a glimpse of rural life. The boat leads you up to the Golden Sand Beach, where our team will set up a luxurious sun-bed, while you enjoy a special picnic hamper prepared by our Chef. Later, return to the boat that will take you through a pristine Mangrove Forest.



FISHERMAN'S DELIGHT

Experience a private tour of the local fish market at 7 a.m. with our Chef. Guests on this experience, spend time watching the ancient custom of fish auctions as each boat arrives back from a long night at sea. Pick the fish of your choice, and later that night, enjoy a three-course dinner with the freshest fish selected by you, and cooked to your taste.



SPARKLING SUNSET CRUISE

A short 20 minute drive south of Niraamaya Retreats, Kovalam, the Poovar estuary was the epicentre of trade in sandalwood, spice and ivory.

We transfer you in the evening to a motor boat, that cruises through unspoiled coconut groves on either side of the river. The boat leads you up to Golden Sand Beach, where the backwaters meet the Arabian Sea. Sip chilled sparkling wine, as you enjoy the sunset from the comfort of the motor boat, and enjoy a selection of canapés that our team has put together for you. On return, the boat meanders through a pristine Mangrove Forest.

EXPLORE A VILLAGE ON YOUR BICYCLE

Kerala countryside, through its meandering roads, gives one an opportunity to explore the lives of the people living in small hamlets, along a verdant landscape. Pedal on to watch people working in the paddy fields or fishing, and children swimming in the shallow waters. Stop at a local tea-shop or visit the bustling bazaars, there's a lot to explore on your wheels.

Bike rentals are complimentary.



TAKE A POTTERY CLASS

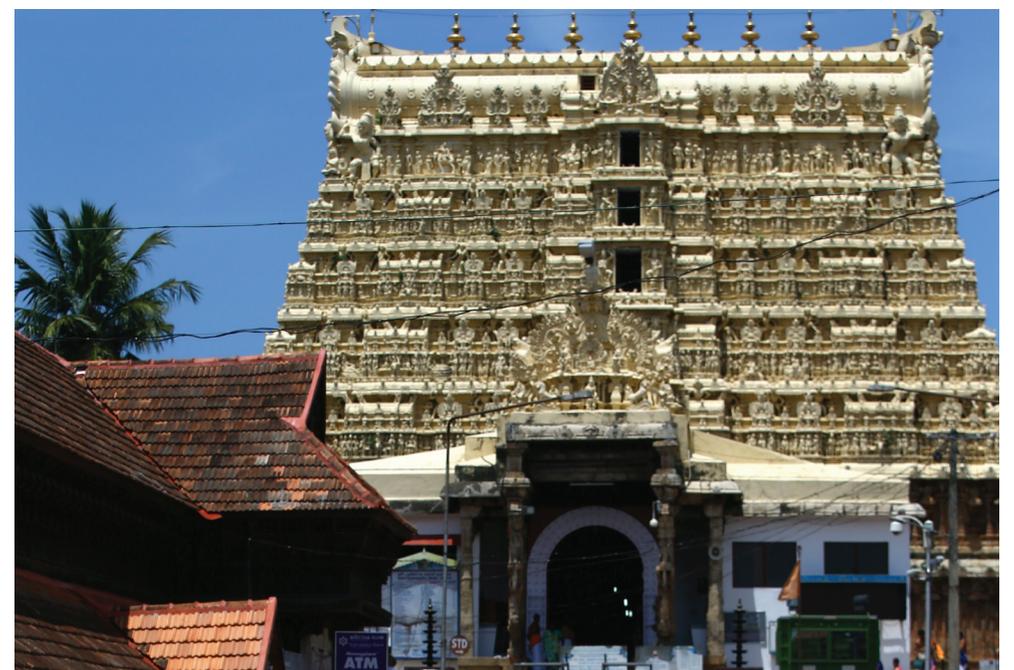
There is nothing quite as therapeutic and fulfilling than creating something with your own hands. Feel the wet clay take shape, as your fingers gently direct its motion in this relaxing pottery workshop.

Includes: A one-on-one experience with our professional potter who will demystify the craft with a hands-on experience.



TRIVANDRUM CULTURAL IMMERSION

Spend the day discovering Trivandrum's rich history. Start with taking a look around the ancient Padmanabhaswamy Temple, after which you take a walk down a colourful bazaar street, a prime shopping destination. This is followed by a quick visit to Kuthiramalika Palace, to experience a slice of royal heritage. Lunch is an amazing Sadhya Meal served on a banana leaf in a rustic Trivandrum restaurant. After lunch, head to the Napier museum, which also houses an art gallery. As this enlightening afternoon comes to an end, our tour advisor brings you back to the comforts of Niraamaya Retreats.



Dial 0 for booking and details

Niraamaya Retreats Kovalam is a member of



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Thekkady | Goa | Kumarakom | Kovalam

www.niraamaya.in