

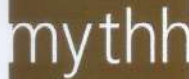
mythh



MYTHH - THE HHI, KOLKATA

A **Global cuisine** is a cuisine that is popular all over the world. A cuisine is a characteristic style of cooking practices and tradition, often associated with cuisines that taste like themselves.

Whereas cuisine is both an art and a science: it is an art when it tries to bring about the realization of the true and the beautiful, which are called bon (good) in the order of culinary concepts. As a science it respects chemistry, physics and natural history.





Mythh, our all day dining restaurant, serves food and liquor 24 hrs at best prices in the city of Kolkata.

It serves Breakfast, Lunch and Dinner buffet with a selection of Continental, Oriental and Indian cuisine. It also serves a lavish Sunday Brunch with extensive Live Counters and a free usage of our pool.

Breakfast Buffet	07:00 hrs - 10:30 hrs	INR 749 + taxes
Lunch Buffet	12:30 hrs - 15:30 hrs	INR 1016 + taxes
Dinner Buffet	19:00 hrs - 23:00 hrs	INR 1186 + taxes
Kids Breakfast Buffet	07:00 hrs - 10:30 hrs	INR 475 + taxes
Kids Lunch Buffet	12:30 hrs - 15:30 hrs	INR 699 + taxes
Kids Dinner Buffet	19:00 hrs - 23:00 hrs	INR 949 + taxes

Calorie per serving

 contains crustaceans or their products
  contains fish and their products
  contains cereals gluten
 contains nuts
  contains eggs and their products
  contains milk and its products
"An average active adult requires 2,000 kcal energy per day, calorie need may vary"
 Kindly share your food allergies with the manager or chef of the restaurant
 * denotes vegetarian • denotes non vegetarian
 ✪ available at midnight 🍷 signature dishes
 additional govt. taxes applicable





CONTINENTAL

APPETIZERS

- classic nachos** nachos, salsa, sour cream
vegetarian (portion size - 150gm total calories 252 kcal total fat 16g,sodium 1080 mg, carb 12g, protein 15g, sugar 2g) **INR 525**
chicken (portion size -170g total calories 316 kcal total fat 20 g,sodium 1080mg, carb 17g, protein 17g, sugar 2g) **INR 510**
- cheese chilli toast** (portion size 120g total calories 265 kcal total fat 83g,sodium 2540mg, carb 12g, protein 16g, sugar 1.7g,) **INR 600**
processed cheese, green chilli, french fries
- warm salad with balsamic dressing**
vegetable (portion size 250g total calorie 73 kcal total fat 33g,sodium 2090 mg, carb 33g, protein 41g, sugar 10g,) **INR 550**
chicken (portion size 280g total calorie 140 kcal total fat 40g,sodium 2090 mg, carb 33g, protein 41g, sugar 10g,) **INR 625**
- Kentucky fried chicken** (portion size 220g total calorie 560 kcal total fat 18g,sodium 835 mg, carb 8.7g, protein 25g, sugar 0g,) **INR 650**
chicken finger, spices, flakes, mayonnaise,french fries
- country fried calamari** (total portion 150g total calorie 330 kcal total fat 15g,sodium 252 mg, carb 37g, protein 18g, sugar 0.1g,) **INR 700**
prawn (portion size 180g total calorie 650 kcal total fat 21g,sodium 753 mg, carb 1g, protein 14g, sugar 0 g,) **INR 750**
served with spicy garlic mayonnaise,french fries

SOUP

- cream of asparagus** (portion size 200g total calorie 106 kcal total fat 8.2g,sodium 1042 mg, carb 16g, protein 6.3g, sugar 0 g,) **INR 550**
asparagus, cream, garlic
- basil flavored roasted tomato and burnt garlic** **INR 500**
tomato puree, basil, burnt garlic (portion size 180g total calorie 95 kcal total fat 13g,sodium 1168 mg, carb 22g, protein 7.2g, sugar 11g,)
- porcini mushroom cappuccino** **INR 550**
porcini mushroom , cream (portion size 180g total calorie 150 kcal total fat 23g,sodium 2249 mg, carb 36g, protein 15g, sugar 18g,)
- chicken flavoured cream soup topped with truffle oil** **INR 550**
chicken, fresh cream, truffle oil (portion size 200g total calorie 264 kcal total fat 23g,sodium 2249 mg, carb 36g, protein 15g, sugar 18g,)

WRAPS, BURGERS AND SANDWICHES

- kolkata kathi roll**
paneer tikka / chicken tikka, onion, bellpepper
paneer tikka (portion size 280g, total calorie 336 kcal total fat 23g,sodium 760 mg, carb 56g, protein 8g, sugar 2g,) **INR 600**
chicken tikka (portion size 320g, total calorie 331 kcal total fat 28g,sodium 760 mg, carb 56g, protein 8g, sugar 0g,) **INR 700**
- olive foccacia sandwich** **INR 650**
olive foccacia bread, pesto,
grilled vegetable/ tomato, cucumber & cheese (portin size 240g total calorie 155 kcal total fat 1.9g,sodium 295 mg, carb 28g, protein 6.2g, sugar 1g)
shrimp (portion size 260g total calorie 155 kcal, total fat 1.9g,sodium 295 mg, carb 28g, protein 6.2g, sugar 1g,)
chicken (portion size 320g total calorie 165 kcal, total fat 1.9g,sodium 295 mg, carb 28g, protein 6.2g, sugar 0g,)
- sandwich toasted or grilled**
tomato and cucumber / chicken, mayonnaise, french fries
vegetable (portion size 220g total calorie 155 kcal total fat 1.9g,sodium 295 mg, carb 28g, protein 6.2g, sugar 3.4g,) **INR 575**
chicken (portion size 300g total calorie 165 kcal, total fat 1.9g,sodium 295 mg, carb 28g, protein 6.2g, sugar 1g,) **INR 650**
- vegetable club sandwich** (portion size 320g total calorie 557 kcal total fat 26g,sodium 1478 mg, carb 50g, protein 30g, sugar 7.5g,) **INR 625**
tomato, cucumber, mayonnaise, sliced cheese,french fries
- non vegetarian club sandwich** (portion size 350g total calorie 601 kcal total fat 25g,sodium 931 mg, carb 50g, protein 51g, sugar 5.9g,) **INR 725**
grilled chicken, ham, fried egg, lettuce, tomato, ranch dressing
- low calorie burger**
grilled vegetable /chicken patty, multigrain bread,tomato lettuce, olive oil,herbs dressings, roasted potato
vegetable (portion size 350g total calorie 540 kcal, total fat 27g,sodium 791 mg, carb 40g, protein 34g, sugar 0g,) **INR 575**
chicken (portion size 380g total calorie 556 kcal total fat 34g,sodium 892 mg, carb 45g, protein 45g, sugar 0g,) **INR 650**
- fatty burger**
crispy vegetable patty/ chicken / mutton patty, tomato lettuce, mustard, mayonnaise, cheese, sauteed onion, french fries
vegetable (portion size 320g total calorie 540 kcal, total fat 27g,sodium 791 mg, carb 40g, protein 34g, sugar 0g,) **INR 600**
chicken (portion size 380g total calorie 556 kcal, total fat 34g,sodium 892 mg, carb 45g, protein 45g, sugar 0g,) **INR 650**
mutton (portion size 380g total calorie 601 kcal, total fat 34g,sodium 1032 mg, carb 65g, protein 104g, sugar 0g,) **INR 750**

Calorie per serving

contains crustaceans or their products contains Fish and thier products contains cereals gluten
 contains nuts contains eggs and thier products contains milk and its products
"An average active adult requires 2,000 kcal energy per day, calorie need may vary"
 Kindly share your food allergies with the manager or chef of the restaurant
 denotes vegetarian denotes non vegetarian
 available at midnight signature dishes
 additional govt. taxes applicable





INDIAN

KEBAB (12 NOON - 1 AM)

- dahi ke kebab (portion size 180gm total calorie 367 kcal, total fat 31.1g, sodium 260mg, carb 2.8g, protein 19g, sugar 1g,) INR 650
yoghurt patty, mint dip
- tandoori lahori aloo (portion size 160gm total calorie 291 kcal, total fat 9.1g, sodium 85mg, carb 44g, protein 8.4g, sugar 2.6g,) INR 650
barrel potato, pickle, cottage cheese
- subz seekh kebab (portion size 180g total calorie 98 kcal, total fat 2.61g, sodium 109mg, carb 12.7g, protein 5.7g, sugar 5.1g,) INR 725
minced vegetable
- hare mirch ka paneer tikka (portion size 200g total calorie 652 kcal, total fat 50.9g, sodium 503mg, carb 5.6g, protein 43g) INR 750
chef special cottage cheese on skewer
- tengri malai kebab (portion size 180g total calorie 329 kcal, total fat 11.3g, sodium 132mg, carb 2.5g, protein 54.2g) INR 875
chicken drumsticks, coriander, curd
- rechado fish tikka (portion size 180g total calorie 449 kcal, total fat 28.1g, sodium 688mg, carb 2.5g, protein 46.4g, sugar 2.8g,) INR 925
tandoor grilled bekti, goan rechado
- hariyali murg tikka (portion size 200g total calorie 334 kcal, total fat 4g, sodium 268mg, carb 62g, protein 42g, sugar 5.5g,) INR 850
chicken leg boneless, coriander
- mutton boti kebab (portion size 220g total calorie 655 kcal, total fat 54g, sodium 560mg, carb 2.7g, protein 39.6g, sugar 1g,) INR 825
mutton ribs cooked in tandoor
- lasooni jheenga (portion size 200g total calorie 668 kcal, total fat 12g, sodium 1066mg, carb 1.6g, protein 138.2g, sugar 3.9g,) INR 1250
tandoori prawn, marinated with garlic and Indian spices
- assorted vegetable kebab platter (portion size 350g total calorie 440 kcal, total fat 15.3g, sodium 89mg, carb 7.6g, protein 19.5g,)
dahi ke kebab, mushroom galouti, paneer tikka, bharwan aloo INR 1550
- assorted non vegeterian kebab platter (portion size 400g total calorie 1024 kcal, total fat 50g, sodium 465mg, carb 8.8g, protein 134.7g)
tandoori prawn, tandoori fish, chicken tikka, tandoori lamb INR 1950

MAIN COURSE

- aloo aap ki pasand (portion size 250gm total calorie 329 kcal, total fat 15.4g, sodium 165mg, carb 41.3g, protein 6.2g, sugar 3.9g,) INR 675
potatoes, curd, astafoeda, kashmiri chilli
choice of gravies- lucknowi, kadai, rajasthani
- subz malai kofta (portion size 250gm total calorie 421 kcal, total fat 41.4g, sodium 128mg, carb 8.8g, protein 3.1g, sugar 3.9g,) INR 750
vegetables and cheese dumpling in cashew gravy
- paneer aap ki pasand (portion size 280gm total calorie 318 kcal, total fat 30g, sodium 165mg, carb 6.8g, protein 5.1g, sugar 2.5g,) INR 750
cottage cheese, choice of gravies - butter
masala / palak / kadai / lababdar
- subz ala mara (portion size 250gm total calorie 245 kcal, total fat 23g, sodium 165mg, carb 5.4g, protein 4.1g, sugar 2g,) INR 750
mixed vegetables coin tossed with bell pepper, corn, peas
- mausam ki subji (portion size 250gm total calorie 245 kcal, total fat 23g, sodium 165mg, carb 5.4g, protein 4.1g, sugar 2g,) INR 750
jhalfrezi / kadai / hariyali
- Punjabi chole masala (portion size 250gm total calorie 395 kcal, total fat 30.3g, sodium 172mg, carb 24.5g, protein 6.3g) INR 750
soft chick peas cooked with Indian spices
- murg aap ki pasand (portion size 280gm total calorie 513 kcal total fat 15g, sodium 145mg, carb 42g, protein 52.6g, sugar 2.5g,) INR 850
lababdar / butter masala / kadhai - boneless
chicken cooked in traditionally punjabi style
- machhli tawa masala (portion size 250gm total calorie 311 kcal, total fat 23g, sodium 1025mg, carb 3.1g, protein 22.9g, sugar 2.9g,) INR 875
bekti, chef special spices
- gosht aap ki pasand (portion size 280gm total calorie 486 kcal total fat 36g, sodium 189mg, carb 3.2g, protein 37.4g, sugar 1g,) INR 950
mutton, Kashmiri chilli, Indian spices
rogan josh/ rara
- durbari jheenga (portion size 280g total calorie 444 kcal total fat 29.2g, sodium 195mg, carb 6.2g, protein 39g, sugar 2.1g,) INR 1250
prawn cooked in Indian style

Calorie per serving

● contains crustaceans or their products ● contains fish and their products ● contains cereals gluten

● contains nuts ● contains eggs and their products ● contains milk and its products

"An average active adult requires 2,000 kcal energy per day, calorie need may vary"

Kindly share your food allergies with the manager or chef of the restaurant



















● denotes vegetarian ● denotes non vegetarian

● available at midnight ● signature dishes

























additional govt. taxes applicable









INDIAN BREADS AND SIDE DISHES

- **tandoori roti** (portion size 100gm total calorie 149 kcal , total fat 8g,sodium 25mg, carb 16.6g, protein 2.6g, sugar 1.9g,)  **INR 215**
flat Indian bread, whole meal flour
- **lachha paratha** (portion size total calorie 260 kcal , total fat 135g,sodium 165mg, carb 109g, protein 15g, sugar 2g,)  **INR 215**
layered Indian bread, whole meal flour
- **naan** (portion size 100gm total calorie 219 kcal , total fat 16.8g,sodium 123mg, carb 14g, protein 3g, sugar 1.9g,)   **INR 215**
plain / butter / garlic
-  **tawa parantha** (portion size 100gm total calorie 219 kcal , total fat 16.8g,sodium 125mg, carb 14g, protein 3g, sugar 1.9g,)  **INR 215**
whole meal flour, shallow fried
- **kulcha** (portion size 120gm total calorie 210 kcal, total fat 16.8g,sodium 145mg, carb 12.8g, protein 1.9g, sugar 2g,)    **INR 250**
refined flour, mirch pyaz / masala
-  **safed chawal** (portion size 150gm total calorie 136 kcal , total fat 0.4g,sodium 1105mg, carb 30g, protein 3g, sugar 3.9g,) **INR 375**
steamed rice
-  **khichdi** (portion size 250gm total calorie 141 kcal total fat 38g,sodium 1201mg, carb 40g, protein 50g, sugar 1g,) **INR 575**
rice, yellow lentil, Indian spices
-  **pulao aap ki pasand** (portion size 150gm total calorie 410 kcal , total fat 1.4g,sodium 1303mg, carb 14g, protein 3g, sugar 1.5g,)  
jeera/ peas/ vegetable **INR 550**
-  **dal tadka** (portion size 200gm total calorie 267 kcal , total fat 11g,sodium 165mg, carb 30g, protein 12g, sugar 1.g,) **INR 550**
yellow dal, tempered Indian masala
- **dal kalash** (portion size 200gm total calorie 239 kcal , total fat 10.6g,sodium 175mg, carb 26g, protein 10g, sugar 1.5g,)  **INR 825**
the house speciality black lentil
-  **dum ki biryani with raita** 
vegetable / chicken / lamb
- vegetable (portion size 230gm total calorie 246 kcal , total fat 4.6g,sodium 318mg, carb 27g, protein 24g, sugar 2g,) **INR 750**
- chicken (portion size 300gm total calorie 381 kcal , total fat 8.6g,sodium 340mg, carb 32g, protein 45g, sugar 2g,) **INR 850**
- lamb (portion size 300gm total calorie 520 kcal, total fat 12.5g,sodium 365mg, carb 32g, protein 70g, sugar 3g,) **INR 975**

DESSERT

- **gulab jamun** (portion size 150gm total calorie 154 kcal total fat 7.3g,sodium 44mg, carb 20g, protein 1.9g, sugar 18g,)   **INR 400**
cottage cheese ball, sugar syrup
- **misti doi** (portion size 150gm total calorie 77 kcal , total fat 1.4g,sodium 40mg, carb 13g, protein 2.8g, sugar 11g,)  **INR 400**
sweetend curd, caramelized sugar
- **baked mjhidana** (portion size 200g, total calorie 123 kcal , total fat 1.8g,sodium 26mg, carb 25g, protein 1.7g, sugar 25g,)   **INR 400**
sweet boondi is drowned in rabdi with spices and nuts, baked in an oven
- **rabri rasmalai** (portion size 220gm total calorie 184 kcal , total fat 8g,sodium 40mg, carb 19g, protein 9g, sugar 15g,)   **INR 400**
bengali sweet dish
- **french opera slice** (portion size 180gm total calorie 183 kcal , total fat 2.2g,sodium 75mg, carb 2.7g, protein 38g, sugar 36g,) **INR 425**
layers of almond sponge soaked in coffee syrup, layered with genache and coffee   
- **mixed fruit baileys tart** (portion size 200gm total calorie 245 kcal, total fat 4.6g,sodium 318mg, carb 27g, protein 24g, sugar 2g,) **INR 425**
delicious chocolate tarts with baileys salted caramel filling  
- **salted caramel slice** (portion size 200gm total calorie 424 kcal , total fat 0.9g,sodium 4mg, carb 8.2g, protein 0.2g, sugar 6.1g,) **INR 425**
chef's special dessert with soft caramel filling and melted chocolate topping 
- **toffee and praline chocolate mousse** (portoin size 120gm total calorie 257 kcal, total fat 17g,sodium 77mg, carb 22g, protein 4.1g, sugar 30g,)praline crust, filling with toffee and praline on top of chocolate cream    **INR 425**
- **chocolate hazelnut roll** (portoin size 160gm total calorie 257 kcal, total fat 17g,sodium 77mg, carb 22g, protein 4.1g, sugar 30g,) **INR 425**
chocolate rolls filled with creamy chocolate hazelnut spread  
- **mango cheese cake** (portion size 200gm total calorie 265 kcal , total fat 12g,sodium 258mg, carb 34g, protein 5.3g, sugar 30g,) **INR 425**
a creamy mousse mango filling on a biscuit base topped with mango   
- **baked strawberry yoghurt**  **INR 425**
(portion size 100gm total calorie 411 kcal , total fat 21g,sodium 110mg, carb 51g, protein 4.5g, sugar 30g,)
steamed yoghurt flavored with fresh strawberry
-  **choice of regular ice-cream**  **INR 350**
(portion size 180gm total calorie 277 kcal, total fat 15g,sodium 106mg, carb 31g, protein 4.6g, sugar 28g,)

Calorie per serving

 contains crustaceans or their products  contains fish and thier products  contains cereals gluten
 contains nuts  contains eggs and thier products  contains milk and its products

"An average active adult requires 2,000 kcal enery per day, calorie need may vary"

Kindly share your food allergies with the manager or chef of the restaurant

* denotes vegetarian • denotes non vegetarian

🌟 available at midnight 🍷 signature dishes

additional govt. taxes applicable



NON ALCOHOLIC BEVERAGES

- bottled water (portion size 1 litre total calorie 0 kcal , total fat 0g,sodium 5mg, carb 0g, protein 0g, sugar 0g.) INR 175
- fresh lime soda / aerated water (porton size 200ml total calorie 156 kcal, total fat 0g,sodium 45mg, carb 39g, protein 0g, sugar 39g.) INR 200
- seasonal fresh juice (portion size 250ml total calorie 114 kcal , total fat 19g,sodium 31mg, carb 19g, protein 0.5g, sugar 19g.) INR 200
- pastuerised juices (portion size 250ml total calorie 136 kcal , total fat 19g,sodium 31mg, carb 45g, protein 0.5g, sugar 40g.) INR 200
- lassi (portoin size 250ml total calorie 220 kcal , total fat 21.1g,sodium 95mg, carb 22g, protein 6.9g, sugar 21g.) INR 300
- milk shakes/ iced cappuccino / cold coffee INR 350
(portion size 250ml total calorie 166 kcal total fat 0g,sodium 0mg, carb 0g, protein 0g, sugar 0g.)
- kelzai (total calorie 0 kcal , total fat 0g,sodium 5mg, carb 0g, protein 0g, sugar 0g.) INR 210
- veen sparkling/ still (330 ml) (total calorie 0 kcal total fat 0g,sodium 2.4mg, carb 0g, protein 0g, sugar 0g.) INR 250

SELECTION OF TEA

- darjeeling / assam / green / early grey / english breakfast INR 200
(porton size 180ml total calorie 80 kcal , total fat 0g,sodium 0mg, carb 0g, protein 0g, sugar 0g, with milk, without sugar)
- herbal tea - chamomile / jasmine tea INR 250
(portion size 180ml total calorie 1.4 kcal total fat 0g,sodium 0mg, carb 0g, protein 0g, sugar 0g.)

SELECTION OF COFFEE

- espresso / cappuccino / cafe latte / americano INR 200
(portion size 180ml total calorie 180 kcal , total fat 0.1g,sodium 4.7mg, carb 0g, protein .3g, sugar 0g, with milk, without sugar)
- macchiato / mocaccino / caramel cappuccino INR 250
(total calorie 2.4 kcal total fat 0.1g,sodium 4.7mg, carb 0g, protein .3g, sugar 0g.)
- signature hot chocolate INR 300
(portion size 180ml total calorie 160 kcal , total fat 0.1g,sodium 4.7mg, carb 0g, protein .3g, sugar 0g,with milk, without sugar)

INTERNATIONAL MOCKTAIL

- mango mule INR 400
cucumber pulp, honey, mango pulp, fresh lime juice, ginger ale
(portion size 250ml total calorie 250 kcal , total fat 0g ,sodium 10mg, carb 35g, protein 0g, sugar 33g.)
- virgin watermelon margarita INR 400
watermelon chunk, lime juice, sparkling water
(portion size 250ml total calorie 205 kcal , total fat 0.1g,sodium 3.4mg, carb 29g, protein .0.3g, sugar 26g.)
- moutanin mojito INR 400
orange puree, mint leaf, lime juice, soda water
(portion size 250ml total calorie 205 kcal total fat 0.1g,sodium 3.4mg, carb 42g, protein .0.3g, sugar 33g.)
- lemon grass jasmine iced tea INR 400
lemon grass, vanilla syrup, dicortion of jasmine tea, litchi juice
(portion size 250ml total calorie 140 kcal , total fat 0g,sodium 15mg, carb 0g, protein .0g, sugar 36g.)
- pineapple cobbler INR 400
strawberry syrup, lime juice, pineapple juice, soda
(portion size 250ml total calorie 140 kcal , total fat 4g,sodium 115mg, carb 25g, protein .1g, sugar 12g.)
- virgin cucumber gimlet INR 400
cucumber pulp, club soda, lime juice, sugar syrup
(portion size 250ml total calorie 240 kcal total fat 0g,sodium 0mg, carb 27g, protein .0g, sugar 22g.)

HOTEL HINDUSTHAN INTERNATIONAL, KOLKATA



Calorie per serving

- contains crustaceans or their products
 contains fish and thior products
 contains cereals gluten
 contains nuts
 contains eggs and thior products
 contains milk and its products
- *An average active adult requires 2,000 kcal enery per day, calorie need may vary***
- Kindly share your food allergies with the manager or chef of the restaurant
- denotes vegetarian
 denotes non vegetarian
 available at midnight
 signature dishes
- additional govt. taxes applicable

