

## **FACIAL BALINESE MASSAGE**

Anti Aging Whitening Neem Healing (A medium pressure massage, a treatement which increases oxygen, blood and energry flow in the body)

#### **HAND & FOOT TREATMENT**

# Manicure Pedicure Foot Massage

Head Massage

Head & Shoulder

#### **AROMA THERAPY**

(Aroma oil based therapy for removing toxins and pressure point massage technique to maintain and promote physical,psychological and spiritual well-being)

## **MASSAGE & FULL BODY TREATMENT**

Full Body Spa (Full body scrub and wrap with soothing gels and lotions. Helps remove toxins and gives a wounderful glow to the sking)

## **DEEP TISSUE MASSAGE**

(Hard pressure massage mainly for deep tissues and muscles to tone and release chronic muscle tension)

## **SWEDISH MASSAGE**

(A light pressure massage for relaxing and refreshing the tired muscles)

### **HOT STONES THERAPHY**

(A massage done with hot basalt stones of volcanic rocks placed on specific points for relaxation and also removing toxins and improving blood circulation)

